

Your Rights as a Client

You have the right to:

- Be informed of all client rights.
- Be informed of your condition.
- Know the cost of services.
- Exercise your rights without reprisal.
- Be treated with consideration and respect for personal dignity, autonomy, and privacy.
- Receive services in the least restrictive environment.
- Be informed of proposed services, treatment or therapies and alternatives.
- Give consent or to refuse any service, treatment or therapy.
- Participate in the development, review and revision of your treatment plan.
- Freedom from unnecessary or excessive medication.
- Freedom from unnecessary physical restraint or seclusion.
- Receive a copy of you individualized treatment plan.
- Not be discriminated against for receiving services on the basis of race, ethnicity, age, color, religion, sex, national origin, sexual orientation, handicap or developmental disability.
- Have access to your client record in accordance with program procedures.
- Consult with an independent treatment specialist or legal counsel at your own expense.
- File a grievance in accordance with program procedures.
- Have oral and written instructions concerning the procedure for filing a grievance. (Each agency will give you a copy of its client rights policy and grievance procedures.)

Grievance Process

What to do when you are unhappy with services:

- Talk it over with your counselor, therapist, case manager or other professional. Sometimes problems can easily be resolved through communication.
- Talk with the professional's supervisor.
- Talk with the agency's Clients Rights Officer. If the problem is still not resolved, this person can assist you in taking appropriate action.
- Call the Gallia-Jackson-Meigs Board of Alcohol, Drug Addiction and Mental Health Services Client's Rights Officer at 740-446-3022.

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- You always have the option of calling the Clients Rights Officer at the Ohio Department of Mental Health and Addiction Services at 614.466.2333